



FOLLOW YOUR COMPASS!

*Study Guide from
David Engel
Entertainment*

*Production
suggested for
grades K-6*



A comedic swashbuckling solo show that aims to liberate girls & boys from the fear of bullies, while promoting empathy and social courage.

Become a Pirate!!

We are delighted and thankful to have the opportunity to share this Pirate-themed, interactive comedy-adventure with you and your students.

This boisterous production takes your students on a madcap inter-active journey into the secret Brotherhood and Sisterhood of the Pirate, all in a zany and fun way! There is a scourge of thoughtless, mean behavior among our crew and Professor Billy Bones has appeared from the mists of Time to help turn the tide of Power. Our Piratical Professor will captivate his classroom and guide students in ways that harness the Courage and Comeraderie of the Corsairs of Old. Together, as a crew of "Good Pirates" we will help defeat the most dangerous element in school: the overreaching power of the Bully.

Follow YOUR Inner Compass: Help stop Bullying.

Our company tours many, many shows throughout the year. But of all the messages we send we hope the one heard the loudest is how important it is to address issues like bullying. This is a real epidemic in America and we hope that with every show we perform we can help students recognize tools that will help them be active witnesses or overcome their own bullying experience.

Stand up for your Mates.

We hope the message of the show, the information in this study guide and the talk back following the show are all tools that you can use to help put an end to this problem. As an adult you are a vital part of the solution. If a student turns to you for help or you see something going on, please step in. Being a force of Good in this person's young life--may just end up saving theirs. We know being a teacher, parent or mentor is often a thankless job--so we want to say thank you with this production.

CLASSROOM DISCUSSION IDEAS

Study Guide Grades K-6

WHY DO KIDS BULLY? WEAKNESS & POWER

One reason is because bullies need to have power over others. Bullies pick on kids they think are weaker. They try to make other kids feel bad about themselves. Then bullies feel better than the kids they pick on.

Bullying happens at school because there are many kids around. Bullies can bully in the library, the hallway, at lunch or recess. Bullying is not ok. Everyone can do his or her part to stop it. Bullying happens right here at this school. Lets see what we can do, alongside the adults, to help stop it. What do you think you can do as a student to stop bullying behavior? What can the teacher do?

TYPES OF BULLYING, SOCIAL & PHYSICAL

There are two main types of bullying behavior, Social Bullying and Physical Bullying. Both are hurtful and scary and may affect the quality of life for the victim. Kids who are bullied describe the negative effects this experience has on their schoolwork, their social life and even their home life as they may become more anxious, brittle or withdrawn.

How else might being anxious or scared to attend school affect you? Give examples.

WHAT IS SOCIAL BULLYING?

NAME CALLING: Mean words hurt a lot. Verbal bullies say things they know will hurt others. Some bullies say "Nobody likes you." They might say, "You are ugly" This makes them feel better than everyone else.

Taylor is teasing Joe and calling him names Ava hears this. She knows it's not right. Bu how can she help Joe?

WHAT TO DO: Ava can stand up for Joe! She learned that nine out of ten kids in elementary school have been bullied at le once. She needs to do her part to stop bullying.

Ava looks Taylor right in the eye. She tell him to stop teasing her friend Joe. She is firm. Ava makes Taylor look silly instead c strong.

David Engel as Billy Bones



CLASSROOM DISCUSSION IDEAS

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TYPES OF BULLYING CONTINUED:

SOCIAL & PHYSICAL

PEER PRESSURE: Kids like to do what other kids are doing. Sarah tells Max he shouldn't invite Hunter to Max's party. Sarah warns Max she won't go unless Max does this. That's called peer pressure. This type of bullying makes Hunter feel sad and hurt.

WHAT TO DO: The best thing for Hunter to do is to talk with kids from other classes. She should meet other kids at recess. Finding a new group of friends shows Sarah and Max that they can't bother Hunter. That takes away their power. They will stop bullying Hunter once they see she doesn't really care what they do.

RUMORS. Social Bullying is spreading rumors or leaving people out on purpose. People who spread rumors say mean things they know will hurt someone's feelings. Social bullying can hurt more than a kick or a punch.

WHAT TO DO: Emily is spreading a rumor about Carlos. Rumors are stopped in two main ways. One way to stop a rumor is to tell the bully directly to knock it off. Carlos can tell Emily "You don't know what you are talking about." Making Emily feel uncool helps make her stop social bullying. A second way to stop a rumor is to turn it into a joke. Rumors are often a wild story and only Carlos should make it into a joke if he is okay with it.

WHAT IS PHYSICAL BULLYING?

HITTING, SHOVING & INTIMIDATION: Physical and mental bullying is serious. Derek is a physical bully. He says he will hurt Tim. Derek makes Tim do things Tim doesn't want to do. Derek takes Tim's things, too. Physical bullying is very scary. Tim is afraid.

Cathy is constantly being confronted by several older girls. They come up very close to her and act erratic and aggressive. Cathy feels intimidated and afraid.

WHAT TO DO: 20% of schools report a problem with bullies. That's still too much! What is Tim to do?

First, Tim should not be in a place where Derek can find him alone. Tim needs to walk home or take the bus with someone he trusts, a Mate. Tim also needs to tell an adult he trusts, a teacher, your principal, a parent. This is very important if he can't get away from Derek. Telling an adult is not tattling. It is reporting. The adult will help Tim feel safe.

FOLLOW UP DISCUSSION

Why do you think it's important to discuss this topic out loud?

Do you think these ideas can help? If not, why?

Are you brave enough to "Stand up for your mate?" If not, which is ok, then what might you do to help a friend who is being bullied?





PLOT, SETTING and CHARACTERS...

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Here's what you need to look out for during the show. Keep a keen weather-eye for these story elements.

CHARACTER: Who are the characters in the show?

Billy Bones is the headmaster of Pirate School. We meet him and also have a visit from his furry sidekick, Courage and a certain French character named Francois.

SETTING: Where does our show take place? How do we allow ourselves to be transported here when we know we are in a local theater or our school?

We are in "Pirate School," a secret tropical cove where pirates carouse and learn together. It is a safe place where young rogues prepare for their great struggle between the Forces of Light and the Forces of Darkness.

PLOT: What is the story about? What is the theme? Is there a conflict?

Professor Billy Bones is on a mission to deputize crews of Courageous Corsairs to combat a Dark scourge across the land: bullying behavior among our youth. He must do this as part of his own personal mission as he himself was bullied when a tyke and no one stood up for him. Will his students be able to follow their inner compasses and continue the fight?





SEAFARERS KNOW WORDS MATTER... USE THEM WISELY.

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It takes moral courage to stand up and speak out for someone who is being hurt—by verbal, physical, or cyber attack. But when someone is in danger, we've got to step up to the plate and do the right thing. And that's not snitching—that's being brave: making tough conscious choices about who we are and how we want to live.

VOCABULARY

Ally: a supporter of equality who stands up for anyone who is the target of bias and bullying.

Moral courage: the courage to do the right thing especially when others are not doing the right thing.

Perpetrator: someone who intentionally causes harm (i.e. a bully is a perpetrator).

Collaborator: someone who helps the perpetrator (bully), by joining in with bullying or teasing

Silent bystander: someone who is a witness to harm being done, but does and says nothing to stop it.

Conscious choice: an action we take after thinking about it, and weighing what the consequences may be.

Target: the person being hurt or bullied.

Intent: purpose.

intention: the outcome you hope will result from an action you take.

Motivation: the reason why someone does something.

Compassion (compasión in Spanish) literally means "to suffer with." Our ability to imagine what it feels like to stand in someone else's shoes gives us a deeper understanding of how the other feels, how their pain feels just like ours.

VOCABULARY

Apathy: an absence of feeling; no feeling; having no empathy or compassion
compasión: compassion; pronounced comb-pahs-YON

Compassion: the ability to imagine how someone else's pain feels, and the desire to lessen their suffering

Empathy: the ability to feel someone else's pain by knowing or imagining what it's like to be that person

Social status: the power an individual is perceived to have by his/her peers; a popular kid has a lot...



CLASSROOM EXPERIMENTS

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CLASSROOM EXPERIMENT: LET'S HAVE A CONVERSATION

Let's take time to process the play and its message and what the students learned from the production. Can they think of times in their own life when they were bullied? How did that make them feel? What are tools they learned to stop someone from bullying them? How can they help if they see someone being bullied?

CLASSROOM EXPERIMENT: EMOTIONS

Ask your students to write down the different names they have been called when they have been bullied. Then ask them to destroy that piece of paper and throw it away. Now have them write down all the words and nice things they want people to call them. What's the difference between doing those two projects--what emotions did they feel between them?

CLASSROOM EXPERIMENT: CREATE A BULLY BOX

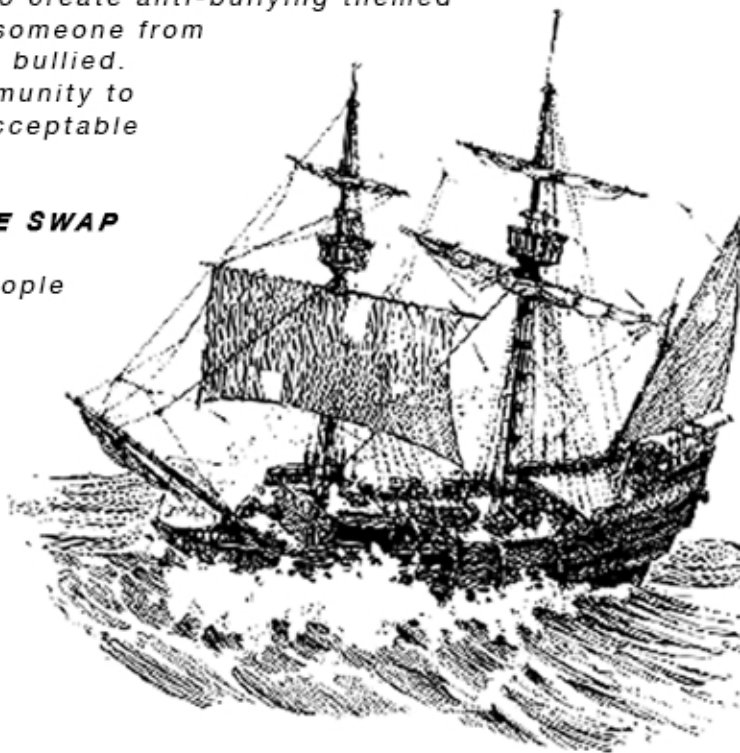
Create a box in a handy area--like in a hallway or the main office. This box should be used for students to anonymously report when they see bullying happening. It offers teachers and staff an opportunity to be aware of the bullying and hopefully offer help. It should include who is doing it, where it's happening, what is going on, etc.

CLASSROOM EXPERIMENT: POSTER PSA

Organize a classroom or school wide campaign to create anti-bullying themed posters. Messages should include ways to stop someone from bullying them and tips to people who are getting bullied. Showcase the posters around the school or community to keep enforcing the message that bullying is unacceptable and students can have help in these situations.

CLASSROOM EXPERIMENT: CAFETERIA TABLE SWAP

Have your students spend a week sitting with people in the cafeteria that they don't normally sit with. This fosters new friendships and may teach students lessons on diversity and acceptance.





CLASSROOM EXPERIMENTS

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CLASSROOM EXPERIMENT: ENFORCE KEY LESSONS FROM THE SHOW

Reiterate the key lessons from the show by asking students to talk more about what they mean and if they can abide by them: Walk away from the bully. Report to an adult who can help. Keep a record of what's going on. Try keeping friends nearby so you aren't alone. What other lessons were part of the show & what does your school suggest students do to stay safe and bully free?

CLASSROOM EXPERIMENT: BULL-YING

Teach young people that avoiding conflict may not always be possible. But engaging in bullying is always a choice. What's the difference between the two and how can students handle either situation?

CLASSROOM EXPERIMENT: PIRATE MANNERS

Everyone get up in a clear open space. Moving around as a corsair, rogue or pirate, you must walk up to every other person playing and tell them a compliment.

CLASSROOM EXPERIMENT: ART IMAGININGS

Time to get artistic! Draw a picture of Secret Rebel Base "Alliance" and the imagined Aliens, Rebels and Jedi's that inhabit it. For older students have them enhance the drawing with a description of the scene and possible dialogue that could be happening in the moment.

CLASSROOM EXPERIMENT: SAILOR JIGS

In this activity, have students do a Pirate dance-- there are no "right" choices just your idea of how sailors cavorted on a barrel to a pip and drum.





STAND UP for YOUR MATES.

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Witnesses Unite! Bullies lose their power when the group stands up against them.

SECRET STATISTICS

1 in 6 Students admitting to being a bully.

1 in 4 Students will be bullied by another student.

Bullied rate among students with disabilities is 94%

160,000 Students miss school each day because of bullying.

1 in 4: Teachers intervene only 4% of the time.

1 in 10: Students drop out of school because of bullying!

67%: Students who say their school does too little to handle bullies.

As they age, boys become less and less sympathetic for victims of bullying.

Physical Abuse: Peaks in Middle School!

What if you witness someone being bullied?



"Support someone who is being bullied! Sometimes the best thing you can do is just be a friend. Let adults know when it's happening and if you can help put an end to it, do it!"

— Captain Castaway



"Report it! Report it! Always. You aren't tattling if you are helping someone out and to help them stay safe."

—Ariel



If YOU ARE BEING BULLIED...

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Professor Bones' Tips for Dealing with Scalliwags, Scoundrels and Bullies.



1. ALWAYS REPORT TO AN ADULT.

Sometimes it can be hard to talk with an adult about serious things, so find an adult that you trust- your parent(s), guardian(s), your teacher, your coach, your neighbor, your school counselor.

2. STAY IN A GROUP.

If you spend more time with groups of friends or other people, you'll have others around to help you if you get into a difficult situation.

3. IF YOU ARE BEING BULLIED ON-LINE: DON'T REPLY.

Instead, tell a family member or someone you can trust. If possible block any future communication from the person.

4. IF IT FEELS SAFE, STAND UP TO THE BULLY.

Keep it simple. You might just say 'Cut it out' then walk away.

5. MEET NEW FRIENDS.

Join a club. Do new activities. You can meet other kids who share your interests and might make some good friends!

6. KEEP A RECORD OF WHATS GOING ON AS PROOF TO ADULTS.

No one deserves to be bullied, ever. Write down where the incident(s) happen, when they happen, who is doing them and what they are doing. With a proper record, adults can easily help you!



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The "Good Pirates" Guide to Theater Etiquette!



BEFORE YOU SEE THE SHOW...

Attending the theatre is very different from watching TV or going to the movies. For one thing, the actor is a real person who is performing right then and there. They can see and hear everything that happens in the audience, and your positive energy and responses can actually help the actor to perform better for everyone.

Because of this, YOU are an important part of the play and its important to do your job as an audience member well. Here are some tips before you see the play.

1. Please be quiet and respectful so everyone else around you can hear what's happening and so the actors can do their job.
2. If something is funny, it is okay to laugh!
3. The actor will ask you to participate. Don't be afraid to respond, ask a question or be bold!
4. Keep your hands to yourself and your eyes up front.
5. If you like the play, be sure to clap at the end.
6. Have fun and enjoy yourself!



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Who IS the pirate Professor Billy Bones?

The actor and family entertainer David Engel

For over 25 years this veteran performer and teacher has been delighting youngsters, along with their teachers and families at Arts Centers, schools, libraries and festivals across the U.S, Europe and Asia.

David has created "action-clown" shows that captivate the hearts, minds and memories of children. His themes are universal and enduring and focus on empathy, social-courage, science curiosity and good citizenship skills.

His techniques are part of a historical lineage of "Eccentric Clowns" that use slapstick antics, improvisation, funny props and boisterous full-audience immerse mayhem!

To contact Mr. Engel or for more information about please visit his websites:

www.mypirateschool.com and www.davidengel.biz



**Consider a
Pirate School!
S.T.E.M show**

OR

**A Star Wars-themed
Jedi Academy!
Anti-Bully show.**

